

Individual Risk Assessment

Risk Factors

(Circle the appropriate categories and corresponding points)

Sex: Female (0 pts) Male (+5 pts)
Age: < 19 or 34 – 38 yrs (+1 pt)
 20 – 23 yrs (+ 6 pts)
 24 - 28 yrs (+ 3 pts)
 29-33 yrs (+ 2 pts)
Grade: E1, E8-E9, W1, W2, 01 (+ 1 pt)
 E2, O2, E6 – E7 (+2 pts)
 E3, E5 (+3 pts)
 E4 (+ 4 pts)
Driving Record: DUI (+17 pts)
 Accident at-fault (+12 pts)
 Reckless Driving/Speeding (Over 20 MPH) (+7 pts)
 Moving violation/Speeding (Over 10 MPH) (+3 pts)
Personnel Concerns: Stress or family problems (+12 pts)
 (Death in family/arrest/alcohol or drug abuse/financial problems/counseled for poor performance in past 6 months)
Driving Skills: Less than 3 yrs experience (+3 pts)
 Habitually speeds, fails to use seat belts, motorcycle helmet (+6 pts)
 Drives a motorcycle (+8 pts)
TOTAL: Add all circled points _____pts

Risk Assessment Chart

Extremely High Risk > 25 pts Moderate Risk 15-19 pts
 High Risk 20-24 pts Low Risk < 15 pts

Controls

Attend Defensive Driving Course (-10 pts)
 Attend Accident Avoidance Course (-10 pts)
 Counseling by 1st Line Supervisor (-7 pts)
 Counseling by Commander/ISGT (- 8 pts)
RESIDUAL RISK: _____pts

Risk Assessment Chart

Extremely High Risk > 25 pts Moderate Risk 15-19 pts
 High Risk 20-24 pts Low Risk < 15 pts

Trip Assessment Worksheet

Risk Factors

Destination: _____
Activity / Purpose: _____
Distance: _____ **Duration:** _____
Risk : (chart opposite) Low Moderate High Ex High

Time of Departure: _____
 _____ Low (complete trip prior to 2000 hrs)
 _____ Moderate (complete trip prior to 2200 hrs)
 _____ High (complete trip prior to 2400 hrs)
 _____ Ex High (complete trip after 2400 hrs)

Hours of Sleep in Last 24 hrs: _____
 _____ Low (7 hrs or more)
 _____ Moderate (5-7 hrs)
 _____ High (3-5 hrs)
 _____ Ex High (less than 3 hrs)

Time of Return: _____
 _____ Low (complete trip prior to 2000 hrs)
 _____ Moderate (complete trip prior to 2200 hrs)
 _____ High (complete trip prior to 2400 hrs)
 _____ Ex High (complete trip after 2400 hrs)

Hours of Sleep in Last 24 hrs: _____
 _____ Low (7 hrs or more)
 _____ Moderate (5-7 hrs)
 _____ High (3-5 hrs)
 _____ Ex High (less than 3 hrs)

Risk Assessment Chart

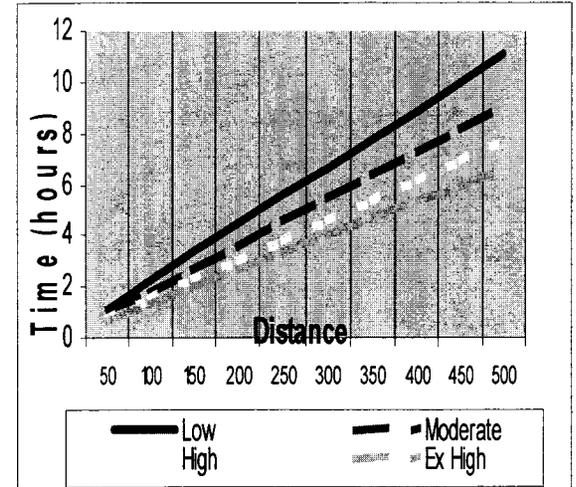
Overall Risk Level: (circle)
 Low Moderate High Ex High

Controls

Alternate Transportation (bus, train)
 Assistant Driver
 Rest Breaks / Overnight
 Additional Leave
RESIDUAL RISK: (circle)

Low Moderate High Ex High

Trip Assessment Worksheet Time/Distance



Vehicle Safety Tips

- 1) Adjust your driving speed for traffic, road conditions and weather.
- 2) Get plenty of rest before preparing to drive long distances. Fatigue is a major accident cause.
- 3) Always use your seat belts. Children under 12 years old require child or booster seats. You are responsible to ensure everyone in your vehicle wears their seat belts.
- 4) Pay ATTENTION! Stay focused on your driving. Don't be distracted by your cell phone, passengers, CD or tape cassette player.
- 5) Talking on the cell phone while driving is hazardous and against the law.
- 6) NEVER, EVER drink and drive. Drive defensively, because one in 20 drivers is drunk!